

## CLIENT INFORMATION & MEDICAL HISTORY

In order to provide the most appropriate treatment, we ask that you complete the following questionnaire. All information provided is strictly confidential.

### PERSONAL HISTORY

Client Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_

Home Address \_\_\_\_\_ Apt \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

Emergency Contact Name and Phone \_\_\_\_\_

How were you referred to us? \_\_\_\_\_

Which of the following best describes your skin type? (Please mark one type)

- I Always burns, never tans
- II Always burns, sometimes tans
- III Sometimes burns, always tans
- IV Rarely burns, always tans
- V Brown, moderately pigmented skin
- VI Black skin

Do you regularly sun bathe or use tanning salons?  Yes  No If so, how often? \_\_\_\_\_

### MEDICAL HISTORY

Are you currently under the care of a physician?  Yes  No

If yes, please provide condition details: \_\_\_\_\_

Are you currently under the care of a dermatologist?  Yes  No

If yes, please provide details: \_\_\_\_\_

Do you have a history of erythema ab igne - a persistent skin rash produced by prolonged or repeated exposure to moderately intense heat or infrared irritation?  Yes  No

Do you have any of the following medical conditions? (Please mark all that apply)

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Diabetes                     | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Herpes              | <input type="checkbox"/> Arthritis             |
| <input type="checkbox"/> Frequent cold sores          | <input type="checkbox"/> HIV/AIDS            | <input type="checkbox"/> Keloid scarring     | <input type="checkbox"/> Skin disease/ lesions |
| <input type="checkbox"/> Seizure disorder             | <input type="checkbox"/> Hepatitis           | <input type="checkbox"/> Hormone imbalance   | <input type="checkbox"/> Thyroid imbalance     |
| <input type="checkbox"/> Blood clotting abnormalities |  | <input type="checkbox"/> Active infection(s) | <input type="checkbox"/> Cancer                |

Do you have any other health problems or medical conditions?  Yes  No If yes, please list: \_\_\_\_\_

Have you ever had an allergic reaction?  Yes  No If yes, please mark which and list any others, describing the reaction:  Food  Animal Protein  Aspirin  Lidocaine  Hydrocortisone  Hydroquinone or skin bleaching agents Others/ Reactions: \_\_\_\_\_

## MEDICATIONS

What oral prescription medications are you presently taking? (Required to state all, in case of possible interactions)  Birth control pills  Hormones  Others : \_\_\_\_\_

Do you use antibiotics to treat infections?  Yes  No If yes, please list: \_\_\_\_\_

Do you take medications for a heart condition?  Yes  No If yes, please list: \_\_\_\_\_

Are you on any mood altering or anti-depression medication?  Yes  No If yes, please list: \_\_\_\_\_

What topical medications or creams are you currently using?  Retin A  Others (Please list): \_\_\_\_\_

Do you use herbal supplements regularly?  Yes  No If yes, please list: \_\_\_\_\_

## HISTORY

Have you ever had laser hair removal?  Yes  No

Have you used any of the following hair removal methods in the past six weeks? (Please mark all that apply)

Shaving  Waxing  Electrolysis  Plucking  Tweezing  Stringing  Depilatories

Have you had any recent tanning or sun exposure that changed the color of your skin?  Yes  No

Have you recently used any self-tanning lotions or treatments?  Yes  No

Do you form thick or raised scars from cuts or burns?  Yes  No

Do you have skin  Hyperpigmentation (darkening) or  Hypopigmentation (lightening) or  marks after physical trauma? If so, please describe: \_\_\_\_\_

For our female clients:

Are you pregnant or trying to become pregnant?  Yes  No Are you breastfeeding?  Yes  No

Are you using contraception?  Yes  No

*I certify that the preceding medical, medication and personal history statement are true and correct. I am aware that it is my responsibility to inform the doctor or other health professional of my current medical or health conditions and to update this history. A current medical history is essential for the caregiver to execute appropriate treatment procedures.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_